









THE LOWDOWN **VIENNA**

Getting there: international airport plus railway and bus stations. Once there. we'd recommend

hiring a car.

Accommodation: Look for a hotel in the south-west or north-west of the city not the congested centre, if your main goal is to ride.

Best time to visit: Late spring, summer

> More info: /mountainbiken

SINGLETRACK SYMPHONY

Helene Fruhwirth tells us about the great riding spots within easy reach of Austria's capital

> Ah, Vienna. Home of Mozart, schnitzel and... great riding? That's what local shredder Helene Fruhwirth reckons. "We have a lot of good spots," she says. "The hills of the Wienerwald [Vienna Woods] have the perfect elevation for enduro loops and natural, flowy singletrack, and there are jump lines, too. You can find every style of riding here." One of Helene's favourite locations

is the Anninger, a mountain south of

the city, which has great natural tracks filled with rocks, roots, loam, technical sections and steeps.

Recommendations here include the Kiental trail (aka Canadian trail), which has a fast, flowy top section with flat turns and off-camber traverses, followed by a rough, rooty and rocky bottom half. Also, the descents from the Husarentempel [Temple of the Hussars], which has stunning views over Vienna. There's a black run with a rocky top half, plus a red that shares the smoothest parts. The nearby Anninger blue trail makes an easy end to the day.

Viennese fancy

An hour's drive from the city are the Wexl Trails (www.wexltrails.at), which Helene describes as "a mountain biker's dream spot". The bike park on the lower slopes offers a tow-lift and eight trails built with progression in mind. Higher up are cross-country routes with incredible views, plus the Wu Trail - a fun, flowy track from the

top of the 1,743m Hochwechsel. This is 35km long, with 1,100m of elevation.

In the Area Wien Nord (www.trail forks.com/region/trailarea-wiennord), in the north of Vienna, you'll find the Wurzel Trail 2.0 – "winding natural singletrack that uses the terrain to perfection". Up the northern side of



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the valley are the Fun Line and Flow Line, which are more manmade in feel and are liberally strewn with berms, jumps and rollers.

Nearby is the Trailcenter Wien Hohewand Wiese (www.hohewand wiese.com), a small hill home to a summer toboggan run (a mustride!), 10 fun bike trails and a small lift (open to bikes outside of peak season), which takes you halfway up the hill. From there, you can lap the lower part of the bike park or pedal up to get to the longest downhill runs, which include blue-graded flow trails, steep, off-camber downhill runs and some fun jump lines.

Of course, if you're in the area, it'd be a shame to not explore one of the most beautiful cities in Europe – and one of the best ways to see the sights of Vienna is by bike, following the Ring Strasse (Ring Street), which circles around the historic centre.







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